






Your Menu This Week

Week 1
Commencing
2023

Please note, that our menus could be subject to change due to nationwide supply issues.

Allergens & Intolerances:

G=Gluten
MK=milk
M=mustard
S=soya
SE=Sesame
E=Egg
SD=Sulphur dioxide
C=Celery
F=Fish

		Main Dish	Main Dish Vegetarian	Jackets	Dessert
Monday		Homemade Pizza potato wedges peas G,MK	Spanish Omelette potato wedges peas E,MK	with various fillings served with salad	Ginger Biscuit G or fruit
Tuesday		Pork meatballs with spaghetti and tomato sauce Sweetcorn G,MK,SE	Veggie meatballs with spag & sauce with sweetcorn S,G	with various fillings served with salad	Iced sponge G,E,MK or Fruit
Wednesday		Roast chicken breast with stuffing roast potatoes & mixed veg	Vegetarian sausage, roast potatoes, mixed vegetables G,S,SD	with various fillings served with salad	Apple crumble & custard or fruit SE,G
Thursday		Lasagne with garlic bread & salad or broccoli G,MK,S,SD	Mascarpone pasta With garlic bread & salad or broccoli G,MK	with various fillings served with salad	Chocolate cornflake cake or fruit G
Friday		Fishcake chips and peas G,F,MK,M	Golden toastie chips and salad G,MK,SE,S	with various fillings served with salad	Sultana flapjack or Yoghurt G,SE