

Week 1

GF Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Option One

GLUTEN FREE PIZZA

Rainbow Risotto
Super Green Broccoli
(ve)

Jacket Potato with
Cheese (ve) and
Chopped Salad

Jacket Potato with
Tuna Mayo (ve)
and Chopped
Salad or Veg

Jacket Potato with
Cheese (ve) and
Chopped Salad or Veg

Option Two

Jacket Potato with
Cheese (ve) and

Jacket Potato with
Tuna Mayo (ve) and

Roast Chicken
Roast Potatoes

GLUTEN FREE PASTA

Tuna Sandwich on GF
Bread with Oven Baked

Chopped Salad or Veg

Chopped Salad or Veg

Country Mixed Veggies
Gravy

Chips and Chopped
Salad

Dessert

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)



Chopped salad, and fresh fruit available daily to accompany meals!



GF Lunch Menu



Monday

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Thursday

Friday

Option One

GLUTEN FREE PIZZA

Sunny Spanish Paella with Super Green Broccoli (ve)

Jacket Potato with Cheese (ve) and Chopped Salad or Veg

Jacket Potato with Tuna Mayo (ve) and Chopped Salad or Veg

Jacket Potato with Cheese (ve) and Chopped Salad or Veg

Option Two

Jacket Potato with Cheese (ve) and Chopped Salad or Veg

Jacket Potato with Tuna Mayo (ve) and Chopped Salad or Veg

Roast Chicken, and Mixed Country Veg with Mashed Potatoes and Gravy

Jacket Potato with Cheese (ve) and Chopped Salad or Veg

Tuna Sandwich on GF Bread with Oven Baked Chips and Chopped Salad

Dessert

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

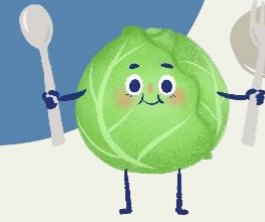
Fruit Platter (ve)



Chopped salad, and fresh fruit available daily to accompany meals!



GF Lunch Menu



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Option One

Tangy Tomato Pasta
GLUTEN FREE PASTA

Cheese Sandwich on
GF Bread with

Jacket Potato with
Cheese (ve) and

Jacket Potato with
Cheese (ve) and

Cheese Sandwich on
GF Bread with Oven

Sweetcorn (ve)

Chopped Salad

Chopped Salad or Veg

Chopped Salad or Veg

Baked Chips and
Chopped Salad

Option Two

Jacket Potato with
Cheese (ve) and

Jacket Potato with
Tuna Mayo (ve) and

Roast Chicken
Roast Potatoes

Tuna Sandwich on GF
Bread with Chopped

Jacket Potato with
Tuna Mayo (ve) and

Chopped Salad or Veg

Chopped Salad or Veg

Country Mixed Veggies
Gravy

Salad

Chopped Salad or Veg

Dessert

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)

Fruit Platter (ve)



Chopped salad, and fresh fruit available daily to accompany meals!

