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| Theme 1  MBV - Mutual Respect  (PSHE week- week 1)  Article 28 and 29 Right to and goals of Education.  Article 7 Right to name, Nationality  Article 8 Identity  Article 24 Health and Health services Article 38 War and armed conflict  Article 14 Freedom of thought | Theme 2  MBV’s - Democracy  The Rule of Law  (Anti-bullying week / Road Safety week / Parliament week ) Article 24 Health and Health services  Article 12 Respect the views of the child  Article 30 minority groups  Article 14 Freedom of thought | Theme 3  MBV’s - Individual Liberty  Tolerance of those of different faiths and beliefs  (Internet-Safety Week)  Article 17 Access to Media  Article 12 Respect the views of the child  Article 14 Freedom of thought | Theme 4  Keeping Healthy and safe  Moving on  Article 19 – Violence, abuse and neglect  Article 24 Health and Health services Article 33 Drug abuse | | Ongoing activities throughout the year. |
| Circles: Mutual Respect  Setting ground rules; Cale green Code; Class charter; Class Vision Statement; In this class we speak poster. | Circles: Democracy / The Rule of Law. Links to Parliament week. | Circles: Individual Liberty / Tolerance of those with different faiths and beliefs. | Circles: How do we keep healthy and safe?  Moving on; Growing up. Transition to next class. | | Peer Massage  Special Friends table  Play Leaders  Relax Kids  School Values |
|  | | | DATE: **Activity 1** **Year** 3 Draw and Write to ascertain children’s current understanding.  Peer relationships / Safety **Year 3** **activity 2/3**  Medicines and Drugs can have positive and Negative effect **Year 3 Activity 4/5.**  Identifying Dangers (links to KOSSW) **Year 3 activity 6** | |
| E SAFETY: **ABCD booklet- pg 17)** | ANTI BULLYING: What is a bully? When might bullying occur? What to do if you witness bullying? **ABCD Curriculum** Generic Year 3. **Links to Anti-bullying week theme.** | E SAFETY: Things for Sale (Digital Literacy) things that children can buy online- **use of real life websites- show children how to remain safe online** | ANTI BULLYING: **ABCD Curriculum** Year 3 Homophobia 1 and Race (Text – Space Girl Pukes). | |
| HEALTHY LIFESTYLES**:** Financial capabilities Pfeg resources / Bank of England Resources.  LIVING IN THE WIDER WORLD:  Black History Month  Remembrance Day  Afghan Refugees work | HEALTHY LIFESTYLES**:**: Road Safety activities – Road Safety week/ Bonfire Night  LIVING IN THE WIDER WORLD:  School Linking Network Resources **Rule of Law – Games without rules.** | HEALTHY LIFESTYLES**:**  Financial capabilities links to above e-safety.  **St. John’s Ambulance: Calling for Help**  **Bites and Stings** | HEALTHY LIFESTYLES**:**:  Physical and mental effects of exercise (**link to science**)  Oral hygiene and prevention of spreading germs- link to science **(year 3/4 talk with Anne Jepson)** | |
| RSE Taught in a combination of composite classes and single year - group lessons as appropriate to age and stage of learning. | | | | | |
| RSE  Y3 and Y4 – feelings unit of work covering:  -Understand that everybody feels a range of emotions at different times  -Identify when I feel an emotion, not a physical illness  -Be able to link physical synonyms to emotions  -Be able to articulate which emotion I am feeling using synonyms other than ‘happy, ‘sad’ etc  -Be able to articulate why I feel this way  -Be able to identify these signs in others  -Develop a set of coping strategies for when I feel different emotions in order to better manage my actions at the time | RSE  **Y3** – Spiral – friends:  Activity 7: What makes a good friend?  Activity 8 Best Friends  **Y4** – Spiral –Friends:  Activity 2: Friendships  Activity 3/ 4 Conflict in friendships  Activity 5: Restoring Friendships | RSE  **Y3**- Spiral - Growing up / families:  Activity 9: Human Variation (Science links)  Activity 10: Similarities and differences  Activity 11: What might make us feel frightened or angry? (Saying no)  Activity 12 / 13/ 14: Families  Activity 15: Naming Body parts  **Y4 Spiral** – Growing up:  Activity 6 / 7 What is a grown up?  **Y4 Christopher Winters Teaching SRE with confidence:**  Lesson 1 – Growing and changing.  Lesson 2 – What is Puberty?  Lesson 3 – Puberty changes. | | RSE  **Y3** – Spiral – Safety / Abuse:  Activity 16: Feeling safe / abuse  Activity 17: Understanding rights of your own body and other peoples.  Activity 18: Personal Space  **Y4** – Spiral – Safety:  Activity 1b: Domestic Abuse  Activity 12/13: Safety Saying no / Who to ask for help?  Activity 13a: Domestic Abuse |  |

Useful Websites

<http://www.preventforschools.org>

<http://www.impsweb.co.uk/schools/>

<http://www.anti-bullyingalliance.org.uk/anti-bullying-week/>

<https://www.thinkuknow.co.uk/5_7/>

<http://www.psheassociation.co.uk>

<http://www.digital-literacy.org.uk/Home.aspx>

<http://www.bbc.co.uk/education/topics/zy77hyc/>

<https://campaignresources.phe.gov.uk/schools/topics/being-active/overview>

<http://www.foodafactoflife.org.uk/section.aspx?t=0&siteId=20&sectionId=124>

<http://whatworkswell.schoolfoodplan.com/articles/category/3/learning-about-food>

<http://www.childrensfoodtrust.org.uk/lets-get-cooking/>

<http://www.foodforlife.org.uk/schools>

**Information to consider**

**Emphasis on baseline activities- Quality not Quantity**

**End of ‘theme’ pupil feedback – two children selected for pupil voice at the end of each theme.**

**If you find new resources, populate the matrix above so that people are aware of resources that can be used and we can share good practice**